

Dues reminder

Your MM member dues will be hitting your mailboxes around Nov. 1 and are due by Jan. 1, 2024. There are several ways you can pay:

- Mail your dues notice with payment as directed on the back of the notice.

- Drop off payment at our office.
- Call our office and make a payment over the phone with a credit or debit card.
- Visit myifb.org to create an account and pay online.

Thank you for your membership!

Board sets annual goals

Each year, the Rock Island County Farm Bureau Board of Directors sets goals they'd like to accomplish for the program/membership year.

The goals help shape our programs and activities for the year. Submitting goals also qualifies the Rock Island County Farm Bureau for awards at the IAA Annual Meeting in December, during which we celebrate our accomplishments for the year. At the county annual meeting in August, the board set the following goals for the 2023-2024 program year, which runs Sept. 1 through Aug. 31.

- Achieve MM membership quota of 537 voting members

- Host a new legislative program for all elected officials (state representatives, senators, county board) to meet RICFB members and directors, discuss issues and legislative updates.

- Develop a farm and rural mental health awareness program for the youth in our county by working with local 4-H Clubs and FFA Chapters, with a focus on activities and tips for coping with stress and anxiety.

- Present our AITC Virtual Reality lessons in at least 15 classrooms throughout the '23-'24 school year.

- Host a safety program for emergency responders for pipeline-related incidents.

Calendar of Events

OCTOBER – PORK MONTH

- 1 Bushels for Hunger campaign begins
- 16 RICFB Board of Directors meeting
- 24-26 Tara on Managers to Washington, D.C., trip

NOVEMBER

- 1 Registration deadline for Market Outlook
- 8 Market Outlook featuring Ted Seifried
- 15 RICFB Foundation Board of Directors meeting
- 20 RICFB Board of Directors meeting
- 23-24 Office closed for Thanksgiving

IFB stand on pipeline

The Illinois Farm Bureau has been closely monitoring the carbon dioxide pipeline projects proposed in Illinois. We understand that members have questions and concerns about the potential impact the project may have on their properties or in their areas.

For both proposed carbon dioxide pipeline projects that have applied for approval before the Illinois Commerce Commission, IFB has filed a petition to intervene in the application process. Intervening in the process allows IFB to be an active participant and raise issues and concerns associated with the project.

Other entities have also intervened in both cases, including landowner groups

and county governments. By intervening, IFB can work to ensure the project meets all legal and regulatory requirements.

IFB has also hosted landowner meetings along with County Farm Bureaus for those counties where the pipelines are proposed to be located to help members understand more about the projects, the regulatory approval process, and easement terms and negotiation.

The information and resources provided during those meetings were designed to help members be prepared to navigate the complicated process of pipeline projects. IFB also provided information to assist members

with legal representation based on the members' interest in being involved in the regulatory approval process or reviewing a proposed easement for the project. Members who are interested in obtaining a list of experienced attorneys can reach out to the Rock Island County Farm Bureau at 309-736-7432 or tmayhew@ricofarmbureau.org.

IFB will continue to assist members potentially impacted by the project. Our organization will continue to engage in the ICC approval process and raise issues or concerns with the project, as the organization would with any pipeline project.

Any statements to the contrary by unaffiliated groups are inaccurate.

Market Outlook features Seifried

Ted Seifried, vice president and chief market strategist with Zaner Ag Hedge, will be the featured speaker on Wednesday, Nov. 8 at 6:15 p.m. at Lavender Crest Winery, 5401 US Highway 6, Colona.

Dinner will be served followed by an update from Tom Parchert, Big River Resources. **Reservations are required and must be made by Nov. 1 to guarantee your attendance.**

Ted is a vice president at Zaner in charge of Zaner Ag Hedge. He specializes in agricultural hedging employing various strategies using futures, futures spreads, outright options and options combinations. He believes it is paramount to be able to use different strategies to adapt to market conditions.

Ted works one on one with large to mid-size grain and livestock producers and end users throughout the world.

In the media, Ted is often quoted by Dow Jones, Reuters, WSJ and



Ted Seifried

They work with clients closely to create client-specific customized hedging strategies. They employ different strategies based on client needs and market conditions.

Zaner is a CFTC registered, NFA member, NIBA member, Illinois Farm Bureau member, Illinois Chamber of Commerce member and Better Business Bureau A+ accredited business.

Bloomberg: Ted is a recurring guest analyst on Bloomberg TV, Ag Day, RFDtv, Market to Market and Agritalk with Chip Flory.

Zaner is a family owned and operated full-service brokerage firm founded in 1980.

Cost for the single session is \$35 (if not pre-registered cost will be \$40).

To make reservations, please call the Rock Island County Farm Bureau 309-736-7432 or email tmayhew@ricofarmbureau.org.

The Market Outlook Series is sponsored by the Henry, Rock Island and Mercer County Farm Bureau Marketing Committees in conjunction with: Gold Star FS; BankORION; Country Financial - Alan Davis, Crop Insurance; Central Bank; Country Financial - Brent Bigham, Tracy Bigham, Chad Nelson, John Waugh; Big River Resources; River Valley Cooperative; Diamond Ag; Wyffels Hybrids; Compeer Financial (Aledo and Geneseo offices); Country Financial - Dan Kniss, Mike Geuns, Eric Henderson, Julie Hessler, Tom McKie, Jerry Samuelson, Erin Spivey, Katie Spivey, Cassie Stahler; Blackhawk Bank & Trust; Hertz Farm Management.

AT THE FARM GATE

Fine swine dining

Pork proves to be delicious, economical mealtime tradition

By JOANIE STIERS

Sometime around age 40, my guilty pleasure food changed to pulled pork nachos: tortilla chips softened with melted nacho cheese, topped with pulled pork and drizzled with barbecue sauce.

I ordered a boat of them at the only Illini football game we attended last fall. The daytime high reached 34 degrees with sustained winds around 15 mph against our faces in the upper deck. The nacho cheese congealed, napkins blew, and my gloveless hand turned a bit numb. But I pulled down my fleece face mask and ate them anyway.

Memories are made at mealtime and what better month to celebrate pork on the menu than October, National Pork Month. Pork represented the world's most widely eaten meat in 2022, and Illinois ranks No. 4 in the United States in its production.

Our family cherishes the tradition of ham for the holidays. We slow life's pace when we put racks of pork ribs on the smoker on a weekend afternoon. Our son microwaves bacon for breakfast before school. Sunday night means sausage on either store-bought or homemade pizza. And well-seasoned pork burgers reign at county fairs – no ketchup or garnish necessary.

Prepared to the correct temperature,

pork proves moist and delicious. The meat is nutritious in its leanest cuts, and pork adds considerable flavor at an economical price. I figure my family of four can eat a 6-ounce serving of lean pork loin every day for a week for less than \$30. Dress it up with pork gravy or change it up with stir fry and that's some fine swine dining for the week.

Pork is a powerful and productive protein. Pork loin, pork sirloin and pork tenderloin pack around 23 grams of protein in 3 ounces. Over the last 30 years, farmers have reduced pork's saturated fat content by 27 percent, and since my grandpa raised pigs, farmers require 76 percent less land and 25 percent less water to produce a pound of the protein.

This week, I made 10 pounds of pulled pork from pork tenderloin, a new favorite on the back porch smoker. Mom watched a food show where chunks of loin are "pulled" in a stand mixer. The result: an easy, flavorful and lean meat for pulled pork sandwiches, pork tacos, protein on salad, or toppings on barbecue pizza.

Tonight, a pork-loaded nacho summons me.

ABOUT THE AUTHOR: Joanie Stiers' family grows crops and raises livestock on her family's multi-generational farm in West-Central Illinois.

14th Annual BUSHELS FOR HUNGER

Grand total Since 2010

\$300,723

equaling 1.6 million meals.

October 1 – January 31

Tell your participating elevator that you would like to donate.

Atkinson Grain
Big River Resources
Cargill • CHS
Gold Star FS
Hillsdale Elevator
River Valley Cooperative
Rumbold & Kuhn

Proceeds benefit the
River Bend Food Bank



Sponsored by the Henry, Mercer,
and Rock Island County Farm Bureaus